Directions to the Art of Living Retreat Center

It may be tricky to get here, but once you arrive we know it will be worth your while! Our goal is for you to have a relaxing and stress-free visit. Here are some directions to help you get here quickly and easily. *Please note that since GPS devices and smart phones often provide incorrect directions through this part of the mountains, we highly recommend that you use these directions for the last leg of your journey.*

Coming from the East, West or North (by U.S. 421)

- From the traffic light at 421 and Bamboo Road turn onto Bamboo Road
    - *Landmark: Kangaroo/Marathon Gas Station (Address: 2200 US 421 South, Boone, NC)*
- Follow Bamboo Road for about 3 miles
- Turn LEFT onto Little Laurel Road just before Bamboo Road turns to gravel
- Drive under the bridge and go approximately 2 miles on Little Laurel Road
- Turn RIGHT onto Little Laurel Extension (.6 mi)
    - Landmark: Small trailer on the corner
- Drive ½ mile, then take a hard LEFT onto Whispering Hills Road
- Follow Whispering Hills Road to the top of the mountain

Coming from the North or South (by U.S. 321)

- From the traffic light at 321 and Deerfield Road, turn onto Deerfield Road
    - Landmark: CVS Pharmacy (Address: 2147 Blowing Rock Road, Boone, NC)
- Pass the golf course and keep RIGHT at the "Y" intersection
- Go STRAIGHT at the stop sign intersection of Deerfield and Bamboo
- Deerfield will intersect with Bamboo Road again past the stop sign
- Turn RIGHT onto Bamboo Road
- Turn LEFT onto Little Laurel Road just before Bamboo Road turns to gravel
- Drive under the bridge and go approximately 2 miles on Little Laurel Road
- Turn RIGHT onto Little Laurel Extension
    - Landmark: Small trailer on the corner
- Drive ½ mile, then take a hard LEFT onto Whispering Hills Road
- Follow Whispering Hills Road to the top of the mountain

Once you reach the entrance sign to the Art of Living

For the Art of Living Retreat Center Reception: Continue going straight at the main entrance sign and follow the "reception" signs. Park nearby and walk to the first floor of the large yellow building.