Here are directions to help you make your way easily. While it is a pretty drive, some of the turns are tricky and GPS does not work nearby, so here are step by step directions along with landmarks for all main routes.

**Please note:** For your comfort and convenience, we request that you please switch off your GPS once you reach Boone.

**Coming from the East, West or North (by U.S. 421)**

1. From the traffic light at 421 and Bamboo Road, turn onto Bamboo Road  
   **Landmark:** Mobil Gas Station (Address: 2200 US 421 South, Boone, NC)  
2. Follow Bamboo Road for about 3 miles  
3. Turn LEFT onto Little Laurel Road. If you hit gravel, you’ve just missed the turn.  
   **Landmark:** Stonework Bridge  
4. Drive under the bridge and go approximately 2 miles on Little Laurel Road  
5. Turn RIGHT onto Little Laurel Extension (.6 mi)  
   **Landmark:** large, blue Art of Living sign on the right  
6. Drive ½ mile, then take a hard LEFT onto Whispering Hills Road  
   Follow Whispering Hills Road all the way up to the top of the mountain

**Coming from the South (by U.S. 321)**

1. From the traffic light at 321 and Deerfield Road, turn RIGHT onto Deerfield Road  
   **Landmark:** CVS Pharmacy (Address: 2147 Blowing Rock Road, Boone, NC)  
2. Stay on Deerfield for 3 miles, until the road ends  
   • DO NOT TURN RIGHT before the road ends  
4. Turn RIGHT at the end of the road, which is the second Bamboo Road intersection  
   **Landmark:** McConnell Wholesale Motors  
5. After 0.3 miles, turn LEFT onto Little Laurel Road. If you hit gravel, you’ve just missed the turn.  
   **Landmark:** Stonework Bridge  
6. Drive under the bridge and go approximately 2 miles on Little Laurel Road  
7. Turn RIGHT onto Little Laurel Extension  
   **Landmark:** large, blue Art of Living sign on the right  
8. Drive ½ mile, then take a hard LEFT onto Whispering Hills Road  
   Follow Whispering Hills Road to the top of the mountain

**Once you reach the entrance sign:** continue going straight, following the “Reception” signs. Park nearby and walk to the first floor of the large yellow building.

**Welcome!**