



FIX YOUR LIFE WEEKEND

Iyanla Vanzant
August 12-14, 2022

Program Schedule. *Subject to change.*

Friday	7:30-10:00 pm
Saturday	9:30 am-12:30 pm and 2:00-6:00 pm
Sunday	9:30-12:30 am and 2:00-4:00 pm Room checkout is 11:00 am; luggage may be held at Reception. Lunch is included on your day of departure.

Arrival Day

4:00 pm	Check-in begins; Rooms are ready by 4:00 pm, but if you arrive early, we'll gladly hold your luggage at Reception.
6:00-7:00 pm	Dinner
7:00-7:20 pm	Guest Orientation Session

Meal Times

Breakfast 7:30-9:30 am | Lunch 12:00-1:30 pm | Dinner 6:00-7:30 pm

Welcome!

We hope you enjoy your stay with us. Please note, full immersion in the Fix Your Life program is required to participate in this workshop. You are welcome and encouraged to participate in the Center's optional activities that occur before or after the daily workshop schedule.

In addition to your program schedule, there is Kirtan every evening and a bonfire on Saturday night (weather permitting).

7:30-8:15 pm	Meditative Chant/Kirtan
8:30 pm	Bonfire (Saturday; weather permitting.)

Actual schedule may vary; please confirm with Front Desk at check-in.