



Directions

Here are directions to help you make your way easily. While it is a pretty drive, some of the turns are tricky and GPS does work, but **both Google Maps and Apple Maps have incorrect directions at this time.** Here are step-by-step directions along with landmarks for all main routes.

Please note We suggest that you switch off your GPS once you reach Boone.

Coming from the East, West, or North (by US 421)

1. From the traffic light at US 421 and Bamboo Road, turn onto Bamboo Road.
Landmark: Circle K Gas Station; Address: 2200 US 421 S, Boone NC
2. Stay on Bamboo Road for 3 miles to Little Laurel Road.
3. Turn LEFT onto Little Laurel Road. **If you hit gravel, you've gone too far.**
4. Drive under the bridge, veer left and continue on Little Laurel Road approximately 2 miles to Little Laurel Extension.
5. Turn RIGHT onto Little Laurel Extension. **Landmark:** Large blue Art of Living sign on right.
6. Continue ½ mile on Little Laurel Extension, then take a hard LEFT onto Whispering Hills Road.
7. Follow Whispering Hills Road to the top of the mountain.
8. Once you reach the entrance sign to the Art of Living continue going straight at the main entrance sign following the "reception" signs. Park nearby and walk to the first floor of the large yellow building where we will greet you!

Coming from the South (US 321)

1. From the traffic light at US 321 and Deerfield Road, turn right onto Deerfield Road. **Landmark:** CVS Pharmacy; Address: 2147 Blowing Rock Road, Boone, North Carolina.
2. Continue on Deerfield Road until the road ends, approximately 3 miles.
Please note you will need to veer right at the intersection of Wilson Ridge Road after approximately 1.2 miles.
3. Deerfield Road crosses Bamboo Road twice; turn RIGHT the second time, when Deerfield Road ends. **DO NOT TURN RIGHT ON THE FIRST BAMBOO ROAD.**
4. Turn LEFT onto Little Laurel Road. **If you hit gravel, you've gone too far.**
5. Drive under the bridge, veer left and continue on Little Laurel Road approximately 2 miles to Little Laurel Extension.

6. Turn RIGHT onto Little Laurel Extension. Landmark: Large blue Art of Living sign on right.
7. Continue ½ mile on Little Laurel Extension, then take a hard LEFT onto
8. Whispering Hills Road.

Follow Whispering Hills Road to the top of the mountain.

Once you reach the entrance sign to the Art of Living, continue going straight at the main entrance sign following the “Reception” signs. Park nearby and walk to the first floor of the large yellow building—we'll greet you there!

Feel free to reach out to us during your travels at 800.392.6870.