



# DIRECTIONS

Here are directions to help you make your way easily. While it is a pretty drive, some of the turns are tricky, and some GPS systems do NOT work. Google Maps does have the correct directions at this time, but below are step-by-step directions along with landmarks for all main routes in case you use a different GPS or if service becomes spotty.

**Please note** We suggest that you switch off your GPS once you reach Boone.

## Coming from the East, West, or North (by US 421)

1. From the traffic light at US 421 and Bamboo Road, turn onto Bamboo Road.  
**Landmark:** Circle K Gas Station; Address: 2200 US 421 S, Boone, NC.
2. Stay on Bamboo Road for three miles to Little Laurel Road.
3. Turn LEFT onto Little Laurel Road. **If you hit gravel, you've gone too far.**
4. Drive under the bridge, veer left, and continue on Little Laurel Road for approximately two miles to Little Laurel Extension.
5. Turn RIGHT onto Little Laurel Extension. **Landmark:** Large blue Art of Living sign on right.
6. Continue ½ mile on Little Laurel Extension, then take a hard LEFT onto Whispering Hills Road.
7. Follow Whispering Hills Road to the top of the mountain.
8. Once you reach the entrance sign to the Art of Living Retreat Center, continue going straight at the main entrance sign following the signs to Reception. Park nearby and walk to the first floor of the large yellow building.

## Coming from the South (US 321)

1. From the traffic light at US 321 and Deerfield Road, turn right onto Deerfield Road. **Landmark:** CVS Pharmacy; Address: 2147 Blowing Rock Road, Boone, NC.
2. Continue on Deerfield Road until the road ends, approximately three miles. **Please note** You will need to veer right at the intersection of Wilson Ridge Road after approximately 1.2 miles.
3. Deerfield Road crosses Bamboo Road twice—turn RIGHT the second time when Deerfield Road ends. **DO NOT TURN RIGHT ON THE FIRST BAMBOO ROAD.**
4. Turn LEFT onto Little Laurel Road. **If you hit gravel, you've gone too far.**
5. Drive under the bridge, veer left, and continue on Little Laurel Road for approximately two miles to Little Laurel Extension.
6. Turn RIGHT onto Little Laurel Extension. **Landmark:** Large blue Art of Living sign on right.
7. Continue ½ mile on Little Laurel Extension, then take a hard LEFT onto Whispering Hills Road.
8. Follow Whispering Hills Road to the top of the mountain.
9. Once you reach the entrance sign to the Art of Living Retreat Center, continue going straight at the main entrance sign following the signs to Reception. Park nearby and walk to the first floor of the large yellow building.

**Feel free to reach out to us during your travels at 800.392.6870.** We look forward to welcoming you to the Center!